

Clyde Smith

Description:

Clyde Smith has been studying the Healing Tao/Universal Tao practices since 1998. He is currently finding connections between his study of dance, Taoism and Taoist practices in a project he calls Dancing Tao (www.dancingtao.com). In particular, Dancing Tao combines developments in postmodern dance, chi kung, yoga, stress reduction and related movement, meditation and relaxation practices for a creative approach to self healing and a healthy approach to the performing arts. Clyde began studying dance in 1977 at the University of North Carolina at Greensboro and went on to earn a BA in Dance (1982, UNC-Greensboro), an MA in Dance Studies (1995, UNC-Greensboro) and a PhD in Cultural Studies in Education with a focus in Somatics and Dance Research (2001, Ohio State University). Along the way he performed in a variety of projects, most notably with Rick Darnell's dance company The High Risk Group in San Francisco from 1989 to 1992. At Ohio State Clyde taught tai chi, yoga and movement a

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